

Administration of Medication

September 2016



5 & 7 Diamond Court, Opal Drive, Eastlake Park, Fox Milne, Milton Keynes MK15 0DU, T: 01908 396250, F: 01908 396251, www.cognitaschools.co.uk Registered in England Cognita Limited No 5280910 Registered Office: Seebeck House, One Seebeck Place, Knowlhill, Milton Keynes MK5 8FR

KEY FACTS:

- This policy applies to all children in our care, in school or offsite and including early years
- This school welcomes and supports pupils with medical conditions and makes sure that staff understand their duty to safeguard and promote their welfare
- Administration of medication requires effective, regular communication between parents and school staff
- Written permission is required for administration of all medicines, as well as consent to emergency medical treatment and medical advice
- Individual Healthcare Plans will be provided by the school in close liaison with parents for long term and complex health needs.
- Medicines are stored in specific secure locations at school, and administration of all medication is recorded.

1 Aims

1.1. Our aim is to implement and maintain an effective management system for the administration of medicines to all pupils in our care in order to ensure that we provide support to individual pupils with medical needs.

2 Applicability

- 2.1. This policy applies to all pupils including those in the early years (EYFS). This policy meets the legal requirements set out in the Statutory Framework for the Early Years Foundation Stage (2014 set out on page 25: 3.44, 3.45, 3.46).
- 2.2. This policy is addressed to all staff and covers the administration by staff of medication to children in the care of the School. This policy should be read in conjunction with the First Aid Policy, and in conjunction with procedures discussed with parent/carer(s) for managing children who are ill or infectious. We must take necessary steps to prevent the spread of infection, and take appropriate action if children are ill.
- 2.3. This policy has been written to ensure that we promote the good health of all the children in our care. We are responsible for obtaining information about a child's needs for medicines, and for keeping this up-to-date. To this end, we will regularly review medication permission forms to ensure that there are no changes. For example, a child may no longer need or be able to take some medication or may need an additional form. Even though an EYFS parent/carer may have signed a form, we will still contact them by telephone to check that we can still administer the medication. This is to protect the child, parent(s)/carer(s) and the school.
- 2.4. Our policy applies to each and every medicine that a parent wants us to give. We ensure that the permission we obtain from parents applies from the start of any course of medication and during the entire course of treatment. Written parental consent will always be obtained prior to any course of medication.
- 2.5. Parents should keep their child at home if acutely unwell or infectious.

2.6. Our policy has been written based on Managing Medicines in Schools and Early Years Settings (DfES & DOH 2005), DfE website (2013) and Ofsted Factsheet: Giving Medication to Children in Registered Childcare (2013).

2.7. This policy document includes out systems for obtaining information about a child's needs for medicines, and for keeping this information up-to-date as follows:

- Parents will complete an Administration of Medication Form which is available on the school website.
- Parents will also complete a Care Plan in conjunction with the relevant First Aider

3 Liaising with Parents

- 3.
- 3.1. We promote ongoing communication with parents in order to ensure that the specific medical needs of all pupils in our care are known and met. We expect parents to inform us at admission and registration of any known medical needs. Parents must inform us if their child develops a medical condition which will require either any medication to be taken at school, and of any changes to the medication required.
- 3.2. We ask parents to make sure that only essential medication is taken at school that is where it would be detrimental to the pupil's health not to administer the medication during the school day. Where possible, medicines should be taken at home, before and after attending school.
- 3.3. We will not administer any medication to a pupil without obtaining prior written permission from parents. This requirement will not prevent a child of sufficient understanding and intelligence to understand fully what is proposed, from giving or withholding consent to medical treatment, or from seeking advice or treatment in confidence.
- 3.4. It is the parent's responsibility to renew any medication and ensure that it is not out of date.
- 3.5. In some cases, for example where a very young child is on antibiotics, parent(s)/carer(s) may be asked not to allow them to attend school for 2-3 days in case they react adversely to the medication and/or in circumstances where the school consider it is necessary to prevent the spread of infection to others. This particularly applies is the child has not had the antibiotics before.
- 3.6. In EYFS, the key person is responsible for the correct administration of medication to children for whom they are responsible. This includes ensuring that the parent/carer completes the consent form, medicines are stored correctly and records are kept in accordance with procedures. In the absence of the key person, another nominated member of staff will be responsible for the oversight of medication. It is the duty of the EYFS manager to ensure that these procedures are adhered to at all times.

4 Individual Health Care Plans

4.1. Where a pupil has long-term or complex health needs, the First Aid Coordinator will liaise with the parents to produce an Individual Health Care Plan (IHCP) for that pupil. The IHCP is a confidential document which outlines the procedures staff follow in the event of an emergency.

- 4.2. The IHCP will be implemented and reviewed annually by the parents. The parents will be responsible for communication of any changes to the IHCP through the First Aid Co-ordinator.
- 4.3. Once the IHCP is implemented, the First Aid Coordinator will be responsible for making sure the plan is adhered to.

5 Training

- 5.1. We ensure that there are members of staff who are appropriately trained to manage medicine in line with the School's curriculum. These are as follows:
 - Mrs Lisa Brown
 - Mrs Beverly Smithen
 - Mr Steve Martin
 - Ms Kathy Phillips
- 5.2. The First Aid Coordinator is responsible for the administration of medicine in School. They will provide guidance in line with the administration of medicine on school trips, which will be stored in first aid kits.
- 5.3. Where it is identified that the administration of prescription medication to a pupil requires technical, medical or other specialist knowledge, appropriate individual training tailored to the individual pupil will be undertaken by appropriate staff from a qualified health professional. For example, the use of an EpiPen.

6 Medical Records & Consent

- 6.1. Parents of all pupils at our school, including Early Years pupils, are required to complete a permission form before the pupil starts, in which parents' consent to emergency medical treatment or medical advice from the appropriately qualified professionals such as the GP or Accident and Emergency staff/emergency paramedics.
- 6.2. Parents of pupils who require medication prescribed by a doctor must discuss this with the First Aid Coordinator and complete the Consent for Prescribed Medicines Form, available from First Aid Coordinator, prior to the administration of the medication.
- 6.3. If a parent or carer wants us to give their child medicine, we always obtain written permission and clear instructions showing the dose, expected time for administration and how often it is given. The dose given must always be consistent with the written instructions from the doctor/medical professional. Any inconsistency with the original packaging will be verified by the parents in writing in advance.
- 6.4. Staff administering medicines **will always** sign the individual treatment sheet **each time** a medicine is administered. These records are separate from NHS records and contain the name of the pupil, the date and details of the administration of medication as well as the reason for administration. The record will be signed by the administering member of staff. An additional member of staff is always present as a witness to the administration of medicine and should also sign the medication record form. The responsibility is therefore shared. Written records of all medication administered to every pupil are retained by the First Aid Coordinator and relevant records can be provided, subject always to data

protection, to parents on request. These records are regularly reviewed by the First Aid Coordinator. We must keep a written record each time a medicine is administered to a children, and inform the child's parent/carer(s) on the same day, or as soon as is reasonably practicable.

- 6.5. The medication record form records the following:
 - Name of child
 - Name and strength of medication
 - Date and time of dose
 - Dose given and method
 - Signature of staff member/key person who administered, and witness
 - Signature of parent-carer (on the day of administration).

7 Prescription & Non-Prescription Medication

- 7.1. Staff will not administer any medication that has not been prescribed for that particular pupil by a doctor, dentist, appropriately qualified nurse or pharmacist.
- 7.2. Staff may only administer non-prescription medication such as analgesics if the parents have already provided their written consent for this to happen in relation to specific **named** medicine, and only if there is a health reason to do so.
- 7.3. This also applies to early years. Once written permission has been given, it does not have to be provided on each and every occasion. However, it is good practice to ask the parent/carer to sign the written record to confirm that you have told them that you gave the agree medication.
- 7.4. Over-the-counter medicines recommended (prescribed) by a pharmacist, or in the case of some controlled drugs by a specially qualified nurse, may be administered.
- 7.5. The school will never keep a supply of medicines on the premises. In the event that any particular parent requests the administration of a named non-prescription medicine (e.g. for migraine) in this way, the same permission form will be always be completed and records kept accordingly; as if a fully prescribed medicine had been given. To this end, the child's individual supply of their analgesic should be kept in school.
- 7.6. Medicine containing aspirin or ibuprofen will not be administered to any pupil unless prescribed by a doctor for that particular pupil.
- 7.7. We encourage pupils to manage their own asthma inhalers from a very young age. Asthma medication is always kept in or near children's classrooms until children can use it independently and it must always be taken on school trips/events.
- 7.8. Over the counter medicines such as for hay fever or cough/cold remedies should only be accepted in exceptional circumstances and must be treated in the same way as prescription medicine with clear labels and consent forms etc. School should satisfy themselves that the parent/carer(s) has reported no adverse reactions to such medicines in the past and ensure parent/carer(s) certify as such in writing.
- 7.9. The use of any non-prescription medicine should normally be limited to 24 hours period and never exceed 48 hours duration, without medical advice being sought by the parent/carer(s)
- 7.10. Most antibiotics do not need to be administered during the school day and parents should be encouraged to ask the GP to prescribe an antibiotic which can be given outside of school hours, where possible.
- 7.11. Methylphenidate (e.g. Ritalin) is sometimes prescribed for Attention Deficit Hyperactivity Disorder (ADHD) but its supply, possession and administration are controlled by the Misuse of Drugs Act and its associated regulations. It must be stored in a locked non-portable container to which only

named staff have access and a record of administration must be kept. Unused Methylphenidate must be sent home via an adult and a record kept.

8 Administration of Medicine

- 8.1. All medicines supplied to the School by parents must be provided in the original container as dispensed by the pharmacist and include the prescriber's instructions for administration. Staff administering medication will check the pupil's name, the name of the medication, the prescribed dose, the expiry date, the method of administration, the time/frequency of administration, any side effects and the written instructions on the container before providing the medicine to the pupils.
- 8.2. If our staff are in any doubt over the procedure to be followed, the parents will be contacted before action is taken.

9 Refusing Medication

- 9.1. If a pupil refuses their medication, staff will record this and contact the parents as soon as possible.
- 9.2. If a child refuses to take medicine, staff will not force them to do so, but should note this in the records and follow agreed procedures. The procedures may be set out in the individual child's health care plan. Parents should be informed of the refusal on the same day. If a refusal to take medicines results in an emergency, then we will not delay in calling the emergency services.
- 9.3. We reserve the right to remove any pupil who refuses to take prescribed medication, if it is likely to pose a risk to the pupil or to others.
- 9.4. If a child has an anaphylactic condition, they must have immediate access to an EpiPen. Refusal to carry an EpiPen will be considered to be a refusal of medicines.

10 Storage of Medication

- 10.1. Medicines are always securely stored in accordance with individual product instructions.
- 10.2. We will carry out a risk assessment to consider any risks to the health and safety of our school community and put in place measures to ensure that identified risks are managed and that medicines are stored safely.
- 10.3. All medicines shall be stored in the original container in which they were dispensed, together with the prescriber's instructions for administration.
- 10.4. Emergency medication one reliever inhaler and/or adrenaline (epinephrine Auto-Injector) pen will be kept on the pupil's person at all times, with a duplicate in the sick room in a clearly marked box. Pens suitable for day use only must be clearly marked as such by the parent before they come into school.
- 10.5. If a pupil is prescribed a controlled drug (eg Ritalin), it will be kept in safe custody in a locked, non-portable container and only named staff will have access. Controlled drugs must be counted in and witnessed if they are not administered by a qualified nurse or practitioner. The medication form must be signed by two people with at least one being the First Aid Coordinator. The records must indicate the amount of remaining medication.

- 10.6. Parents should collect all medicines belonging to their child at the end of the day. They are responsible for ensuring that any date-expired medication is collected from the School. We will not keep medicines in school.
- 10.7. We will keep medicines securely and locked and only named staff will have access, apart from EpiPens and Asthma pumps, which need to be with or near pupils who need them.

11 Self-Medication

11.1. In special circumstances, it may be necessary for the pupil to carry and administer prescribed medication. The First Aid Coordinator will hold written consent from the parents.

12 Emergency Procedures

12.1. In the event of an emergency related to the administration of medicine, the First Aid Coordinator should be called as soon as possible, if not already present. If the First Aid Coordinator does not consider s/he is able to deal with the presenting condition, then they should continue any first aid or medical procedures being provided while another person summons emergency medical care. This does not however affect the ability of any person to contact the emergency services in the event of a medical emergency. Staff should always dial 999 for the emergency services in the event of a serious medical emergency before implementing the terms of this Policy and make clear arrangements for liaison with the ambulance services on our school sites.

13 Off-Site Visits & Sporting Events

- 13.1. If a pupil attending an off-site visit or sporting event cannot self-medicate, they will be accompanied by a member of staff who has received appropriate training to assist with or administer the medication in accordance with this Policy.
- 13.2. All pupils requiring preventative medicine (particularly for sport), if sufficiently competent to self-medicate, are responsible for carrying their medication with them. If not sufficiently competent, a member of staff shall carry the medication, individually labelled. Pupils must ensure that attending staff are aware they will self-medicate with such items.
- 13.3. Secure storage for medicines will be available at all short-term accommodation used by the School.
- 13.4. Medication for a child is taken in a sealed plastic box/bag clearly labelled with the child's name and photo for easy identification, and the name of the medication. Inside the box/bag is a copy of the signed consent form and a proforma to record when it has been given accordingly. On return to school, this proforma will be stapled to the medication record form for the parent to sign.
- 13.5. If any emergency medical treatment is given such as attendance at hospital, then the box/bag will travel with the child.

14 Review

- 14.1. This Policy and its procedures will be reviewed and updated by the Health and Safety Committee on an annual basis.
- 14.2. Supervision is used to support staff in administering medication to children, is included in induction training for all early years staff, and reviewed when any new type of medication is introduced.
- 14.3. This policy and procedure will be automatically reviewed in the event of any incident or related complaint.

15 Complaints

15.1 The school's complaint's procedure sets out how complaints may be made and will be handled concerning the support provided to pupils with medical conditions. Should any parents or pupils be dissatisfied with the support provided they should discuss their concerns directly with the school in the first instance. If for whatever reason this does not resolve the issues, they may make a formal complaint via the school's complaints procedure. For further details, please see the school's separate written compliments and complaints procedure.